

Himachal Pradesh I&PH Department SHORT NOTICE INVITING TENDER

The Executive Engineer I&PH Division No-II Near SBT Tuldikand Shimla-4 invites tenders on behalf of Governor of Himachal Pradesh from approved eligible contractors for the following work (s) through offline process:-

No	Name of work	Estimated cost	Earnest Money	Time of completion	Last date of submission of tender	Last date of sale of tender from Divisional office
1	AR & M/O to Shimla from River Gft (SH)- Complete rewinding of stator of 11 KV induction motor 800 KW / 805 HP having St. No. 49182-A-401-11-02 installed on bed No 5 at 1st stage Balyog in (Tandi Theog Dist Shimla)	690847/-	13650/-	One month	04-05-2016 upto 3.00 PM and opened on same day at 3.30PM	03-05-2016 upto 5.00 PM
2	AR & M/O to Shimla from River Gft (SH)- Repair of KSB make pump set Model HGB 4/6 SR. No. 0516388/72 installed on bed No 2 at 1st stage Balyog in (Tandi Theog Dist Shimla)	743305/-	14900/-	One month		
3	Operation and maintenance of Sewerage Scheme for Shimla Town (New) Sanhaul Malvana Zone (SH)- C/O Sludge drying bed 60.00 sqm No 6)	424730/-	8500/-	Two Months		
4	AR & M/O to Sewerage Scheme to Shimla Town (New) 0.76 MLD STP Dhaili (SH)- C/O 4Q Sqrft drying Sludge bed at (Dhaili Zone)	592779/-	11860/-	One Month		

The tender forms and other detailed conditions can be downloaded from the website www.himphd.com or from office above Executive Engineer upto date specified above.

HIM SUCHNA AMAM JAN SAMPARAK

Sd/- Executive Engineer,
I&PH Division No-II, Near SBT Tuldikand Shimla-4

0243946-17

VARDHMAN AGENTS LIMITED

Registered and Corporate Office:
Vardhman Premises, Chandigarh Road,
Ludhiana - 141 010 (Punjab), India.
Phone: 0181-222845-46,
Fax: 0181-289704, 222816, 289704,
PAN: AAACV7992E
CIN: L15148PB1899PLCH49212
E-mail: accounts@vardhman.com
Website: www.vardhman.com

COMPANY NOTICE

Parliament Regulation 29(4) read with Regulation 47 (1) (a) of SEBI (Listing Obligations and Disclosure Requirements) Regulations 2015, Notice is hereby given that the Meeting of the Board of Directors of "Vardhman Acrylics Limited", inter-alia, to consider and approve on record the Audited Financial Results of the Company for the Quarter/Financial Year ended 31st March, 2016, is scheduled to be held on Saturday, the 30th day of April, 2016.
The information contained in this notice is also available on the Company's website www.vardhman.com and on the National Stock Exchange of India Ltd www.nseindia.com.
For VARDHMAN ACRYLICS LIMITED
Sd/-
Place: Ludhiana (Punjab) (Vij)
Date: 22/04/2016
Company Secretary

That one need not "walk" all the way to a nutritionist or a gym-trainer, to acquire a diet plan or a prescription for exercise. Therein lies the "beauty" of all app-based services, and as FitCircle jumps on to the fitness app bandwagon, it seeks to bring a plethora of services on to our fingertips.



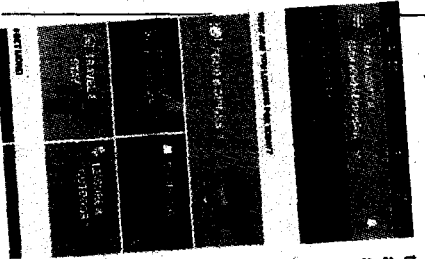
Chat With Nutritionist - 5 Minutes Workout

Frankly, I like the hassle-free, fitness-within-your-reach approach. Arranged under clean tabs and sub-tabs, the app lets you connect with a nutritionist, suggests five-minute workouts, prescribes the right equipment to suit your needs, chat with other fitness freaks and also recommends a range of food products to help you get the right diet. Available as a free download from the Google Play Store, the app is especially attractive for its five-minute workouts. Those in search for quick fixes will take solace in their short and simple nature.

However, at the end of the day, this is a chat-based health app and a majority of your solutions would be derived from your chats with the nutritionists or fellow users. The nutritionist assistant, though, could not reply before this piece was written. The group chats, too, were quite useful.

Overall, the app looks simple and has a clean interface. Given it is still early days, there is much that the developers can introduce and tweak to make it even better. Often the app depends on external links; this could be toned down. A cataloguing of gyms or fitness centres in the locality can be another plus.

Should convince me to take the plunge? The free-download app, available on the Google Play Store, specialises in community-based curation of places to visit, nightlife, food, shopping, spas. Turn on your phone's GPS and the app will guide you to a series of "spots" by users. Itting out "low-cost" restaurants, bars, spas, shopping destinations etc, according to the tap you click on. Each shout accompanied with an external link, and sometimes a few pictures and maps. An user-based cataloguing ensures that the can only grow, and will be pretty comprehensive by and by. It is the interface any complex.



However, the problem lies the fact that the app has failed attract a diverse spectrum of subscribers. Which means the economic band still remains high. The average street-food lover has no incentive in opting out their usual haunts and logging into the app. The price tags are dangling too high. Tickets events, membership packages and day tours, all listed even have pocket-slinging capabilities. The problem, however, currently be tackled once the app expands its subscriber base both ways. Till then, the app is ideal for those who are already in the social circuit and want to stay updated about the latest in town.

...the private sector has severely under-...
...the economy have severely under-...
...the overall health of the economy...